

USCA National Canoe and Kayak Championships 2010

Peshtigo, WI, Tuesday August 10 – Sunday August 15

IMPORTANT NOTICE: Safety Rules: Failure to observe these safety requirements will result in **disqualification** or a **time penalty of thirty minutes** to the violator(s)' finish time: Attendance at pre-race meetings is mandatory. • A US Coast Guard approved PFD must be in the possession of each contestant, and properly worn if wearing it is required in accordance with its USCG Type rating (see the inside label of most PFDs; otherwise consult with the Nationals Coordinator or Competition Chair **BEFORE YOU ARE ON THE START LINE**). • One pealess whistle must be in each boat and easily accessible • US Coast Guard approved PFDs must be worn by those aged 14 or younger at all times on the water, and by all contestants in Juvenile and younger classes. • **SUP – Special Safety Rules:** see www.uscanoe.com/SUP_W92.cfm.

Medals: 2010 Nationals Depth of Award Modification: At the USCA Annual Meeting in January, the delegates voted to simplify the previous system of awarding, variously, 6, 5, 3, & 2 deep in adult classes. *Beginning August, 2010, all adult classes will be awarded 3 deep.* Medals for all youth, junior, adult/youth, and adult/junior classes will remain the same: 6 deep for marathon distances and 5 deep for sprints. All special age group recognitions will remain the same. **Trial and Demonstration (Demo) Events:** *Trials*, which require USCA membership, are official USCA non-championship races run to test if numbers warrant future championship status. *Demo* events are not official USCA events. Examples this year include the various *Stand Up Paddleboard* classes, the *TriCounty Marathon Championships*, and the ever popular *Run-Paddle Biathlon*. If you are *rac-ing only in Demo events*, USCA membership is not required. Joining USCA is nevertheless welcomed, as there are other benefits than championship participation, such as this magazine.

USCA Nationals 2010 — Order of Events

Monday, August 9 LAST DAY to register for Tuesday Sprints

USCA NATIONALS OPENING DAY CHECK-INS

2:00-5:00pm

Pre-registered entrants for any race may check in at Race Pavilion in Badger Park.

On-site registrations accepted for all events.

USCA membership verification / new memberships accepted.

USCA membership required for all championship and trial events. [There are no trial events this year.]

Tuesday, August 10 LAST DAY to register for Orienteering

USCA CANOE/KAYAK SPRINT CHAMPIONSHIPS SCHEDULE

7:30-9:00am: check in for Tuesday Sprints at Race Pavilion in Badger Park.

On-site registrations accepted for all Wednesday through Sunday events.

USCA Membership Verification / New Memberships Accepted.

Sprints from 9:30am to finish: (K1 = any kayak)

- 1-4. C1 Woman - all age classes: Open (C1 W), Master (C1 WMa), Senior (C1 W Sr), Veteran (C1 WV)***
- 5-8. K1 Woman - all age classes: Open (K1 W), Master (K1 WMa), Senior (K1 W Sr), Veteran (K1 WV)***
- 9-10. C2 Man/Fledgling I (C2 M/FlgI) & C2 Woman Fledgling I (C2 W/FlgI)
- 11-12. PK1 Paddler with a Physical Disability Woman and PV1 Paddler with a Physical Disability Woman
- 13-15. C1 Man: Open (C1 M), Master (C1 M Ma), Senior (C1 M Sr),
- 16. C1 Man Veteran (C1 MV)
- 17-18. C2 Man/Fledgling II (C2 M/FlgII) & C2 Woman/Fledgling II (C2 W/FlgII)
- 19-20. C2 Man/Bantam & C2 Woman/Bantam (C2 M/W/Ban)
- 21. SUP-S Stand Up Paddleboard Woman *Demo* (SUP-S W)**
- 22-23. C2 Mixed (C2 Mx) & C2 Mixed Master (C2 MxMa)*
- 24-27. K1 Man - all age classes: Open (K1 M), Master (K1 M Ma), Senior (K1 M Sr), Veteran (K1 MV)***
- 28-31. C2 Women - all age classes: Open (C2 W), Master (C2 W Ma), Senior (C2 W Sr), Veteran (C2 WV)***
- 32-35. C2 Men - all age classes: Open (C2 M), Master (C2 M Ma), Senior (C2 M Sr), Veteran (C2 MV)***
- 36-37. PK1 Paddler with a Physical Disability Man and PV1 Paddler with a Physical Disability Man
- 38-39. C2 Man/Juvenile (C2 M/Juv) & C2 Woman/Juvenile (C2 W/Juv)
- 40. SUP-S Stand Up Paddleboard Man *Demo* (SUP-S M)**
- 41-42. C2 Man/Junior (C2 M/Jr) & C2 Woman/Junior (C2 W/Jr)

* Special Age Recognition to 1st 50+ ** Demonstration/Exhibition classes

*** Award to 1st Grand Veteran team 70+, and in all other classes where there is a team or individual 70+.

9:00am-noon: **BOAT JIGGING** will be available at Badger Park.

2:30pm: **Sprint Awards Ceremony** at Badger Park.

6:00pm: **Orienteering Seminar**, Paula Waite, Peshtigo Elementary Learning Center (near Badger Park registration area).

Tuesday Sprints
You must preregister.
No day of race
registration!

USCA Championships: Orienteering, Biathlon, Youth Sprint, & Friday Marathon

Wednesday, August 10

USCA CANOE INSTRUCTOR CERTIFICATION COURSE

8:00am-5:00pm, Peshtigo Elementary Learning Center.

Pre-registered participants only: Deadline July 31, 2010.

Contact: Tave Lamperez (630) 584-6931 or use form on page 4 or at www.uscanoe.com/Instructor_Training_W58.cfm

USCA CANOE ORIENTEERING SCHEDULE

7:00am: Location of pre-race meeting posted at the race pavilion in Badger Park.

9:30am Pre-race meeting for Orienteers; 10:00am Orienteering starts. Order of starts: All classes start together.

2:00pm Orienteering Awards Presentation: race pavilion in Badger Park.

REGISTRATIONS / NEW MEMBERSHIPS

4:00-6:00pm: On-site registrations accepted for all Thursday through Sunday events at Badger Park.

USCA membership verification / new memberships accepted. USCA membership required for all championship events.

4:00-6:00pm: BOAT JIGGING will be available at Badger Park.

THE PHILIP H SOULE NATIONAL RUN-PADDLE BIATHLON CHAMPIONSHIPS

[This event is not an official USCA national championship]

5:00pm: Pre-race meeting, final registrations, Badger Park.

Day of race registration is permitted. Order of starts: All classes start together.

7:00pm: Biathlon Awards & Banquet (location to be announced at event).

Important Note
Registration for the
Biathlon open until 30
minutes prior to the start

Thursday, August 11 LAST DAY to register for Friday marathon events.

USCA YOUTH SPRINTS

7:30-9:00am: check in and registration for Youth Sprints at Badger Park.

Sprints from 9:30am to finish:

Order of Youth Sprints: 250 Meter Events

- | | | |
|-------------------|--------------------|--------------------|
| 1. C1 Fledgling I | 3. C1 Fledgling II | 5. C1 Bantam |
| 2. C2 Bantam | 4. C2 Fledgling I | 6. C2 Fledgling II |

Order of Youth Sprints: 500 Meter Events

- | | | |
|------------------------------|-------------------------------|-----------------------|
| 1. C1 Girl Juvenile | 5. K1 Girl Junior (any kayak) | 9. C1 Man Junior |
| 2. K1 Man Junior (any kayak) | 6. C2 Men Junior | 10. C2 Girls Juvenile |
| 3. C2 Women Junior | 7. C1 Woman Junior | 11. C2 Mixed Open |
| 4. C1 Boy Juvenile | 8. C2 Boy Juvenile | |

2:30pm: Sprint Awards Ceremony at Badger Park

9:00am-noon: BOAT JIGGING will be available at Badger Park.

4:00pm-6:00pm: On-site registrations accepted for all Friday through Sunday (marathon) events.

USCA membership verification / new memberships accepted. USCA membership required for all championship events.

**Day of race
registration
allowed for
Youth Sprints!**

Friday, August 13 LAST DAY to register for Saturday marathon events

JIGGING: ALL BOATS in every class MUST go immediately to jiggling station, and be measured, or face disqualification.

7:00-9:00am: Boat # pick up. Potato Rapids Dam Registration Area. NO RACE DAY REGISTRATIONS.

9:15am: MANDATORY pre-race meeting, Potato Rapids Dam area.

10:00am: USCA MARATHON CHAMPIONSHIP RACES BEGIN —

- 10:00 C2 Standard Women: Open (C2Std W) and Master (C2Std WMa)
- 10:05 K1 Unlimited Man — all age classes: Open (K1U M), Master (K1U MMa), Senior (K1U MSr),
Veteran 1 & 2 (K1U MV1&2), and Grand Veteran 1 & 2 (K1U MGV1&2)
- K1 Unlimited Woman (K1U W) — all age classes: Open (K1U W), Master (K1U WMa), Senior (K1U WSr),
Veteran 1 & 2 (K1U WV1&2), and Grand Veteran 1 & 2 (K1U WGV1&2)
- K1 Touring Man — all age classes: Open (K1T M), Master (K1T MMa), Senior (K1T MSr),
Veteran 1 & 2 (K1T MV1&2), and Grand Veteran 1 & 2 (K1T MGV1&2)
- K1 Touring Woman — all age classes: Open (K1T W), Master (K1T WMa), Senior (K1T WSr),
Veteran 1 & 2 (K1T WV1&2), and Grand Veteran 1 & 2 (K1T WGV1&2)
- 10:10 C2 Women — all age classes: Open (C2 W)*, Master (C2 WMa), Senior (C2 WSr),
Veteran 1 & 2 (C2 WV1&2), and Grand Veteran 1 & 2 (C2 WGV1&2)
- 10:15 C1 Stock Man — Open (C1S M)
- C1 Man — Open (C1 M)*, Master (C1 MMa), and Senior (C1 MSr)
- 10:20 C1 Man — Veteran (C1 MV1&2) and Grand Veteran (C1 MGV1&2)

- Short course 1

- 10:25 C2 Men Junior (C2 MJr)
- C2 Women Junior (C2 WJr)

JIGGING: ALL BOATS in every class MUST go immediately to jiggling station, and be measured, or face disqualification.

As soon as possible after last boat in, but not before 2:30pm: Awards Presentations, Badger Park

3:00-5:30pm: On-site registrations accepted for all Saturday and Sunday events.

USCA membership verification / new memberships accepted.

USCA membership required for all championship and trial events.

4:30-7:00pm: Pasta Dinner — St Mary's Parish, 1414 S. Wood Avenue, Peshtigo

7:00pm: USCA Semi-Annual Meeting, Peshtigo Elementary Learning Center.

Important:
You MUST
preregister.
No day
of race
registration
for
marathon
events,
Friday
through
Sunday!

USCA & USACK Championships: Saturday and Sunday Marathon Schedules

Saturday, August 14 LAST DAY to register for Sunday marathon events

7:00-8:30am: Boat # pick up. Potato Rapids Dam Registration Area. NO RACE DAY REGISTRATIONS.

8:30am: MANDATORY pre-race meeting, Potato Rapids Dam area.

9:15am: USCA MARATHON CHAMPIONSHIP AND DEMO RACES BEGIN —

- 9:15 K1 Downriver Man (K1Dr M)*
K1 Downriver Woman (K1Dr W)*
K2 Unlimited Men (K1U M),* including USACK K2-ICF Men
K2 Unlimited Women (K1U W),* including USACK K2-ICF Women
9:20 C2 Standard Mixed (C2Std Mx)
9:25 C2 Man/Junior (C2 M/Jr)*
C2 Woman/Junior (C2 W/Jr)*
9:30 C2 Mixed: *Open (C2 Mx)* and Master (C2 MxMa)**

- Short course 1

- 9:35 C2 Man/Youth (C2 M/Y)*
C2 Woman/Youth (C2 W/Y)*
9:40 K1 Man Junior (K1 MJr) – including Barton Cup and USACK K1-ICF Junior
K1 Woman Junior (K1 WJr) – including Barton Cup and USACK K1-ICF Junior
C2 Mixed Junior (C2 MxJr)

- Short course 2

- 9:45 TriCounty: K1 Man, K1 Woman, C2 Men, C2 Women
9:55 SUP Stand Up Paddleboard (Stock) Woman Demo (SUP-S W) and SUP Stand Up Paddleboard (Stock) Man Demo (SUP-S M)

JIGGING: Except for TriCounty and Demonstration Classes (Stand Up Paddling, this year) ALL BOATS in every class MUST go immediately to jiggling station, and be measured, or face disqualification.

As soon as possible after last boat in, but not before 2:00pm: Awards Presentations, Badger Park

4:00-6:00pm: *On-site registrations accepted for all Sunday events.*

USCA membership verification / new memberships accepted.

USCA membership required for all championship and trial events.

Sunday, August 15

7:00-8:30am: Boat # pick up. Potato Rapids Dam Registration Area. NO RACE DAY REGISTRATIONS.

8:30am: MANDATORY pre-race meeting, Potato Rapids Dam area.

9:15am: USCA MARATHON CHAMPIONSHIP AND DEMO RACES BEGIN —

- 9:15 C2 Standard Men: *Open (C2Std M) and Master (C2Std MMA)*
9:20 K1 Sea Kayak Man — *all age classes: Open (K1SeK M), Master (K1SeK MMA), Senior (K1SeK MSr), Veteran 1 & 2 (K1SeK MV1&2), and Grand Veteran 1 & 2 (K1SeK MGV1&2)*
K1 Sea Kayak Woman — *all age classes: Open (K1SeK W), Master (K1SeK WMa), Senior (K1SeK WSr), Veteran 1 & 2 (K1SeK WV1&2), and Grand Veteran 1 & 2 (K1SeK WGV1&2)*
9:25 C1 Stock Woman — *Open (C1S W)*
C1 Woman — *all age classes: Open (C1 W)*, Master (C1 WMa), Senior (C1 WSr), Veteran 1 & 2 (C1 WV1&2), and Grand Veteran 1 & 2 (C1 WGV1&2)*
9:30 C2 Men: *Open (C2 M)*, Master (C2 MMA), and Senior (C2 MSr)*
9:35 C2 Men: *Veteran 1 & 2 (C2 MV1&2) and Grand Veteran 1 & 2 (C2 MGV1&2)*
9:40 K1-ICF Woman: *Open (K1-ICF W) and Master (K1-ICF WMa)**
K1-ICF Man: *Open (K1-ICF M) and Master (K1-ICF MMA)**

- Short course 1

- 9:45 C1 Man Junior (C1 MJr) – including Barton Cup and USACK K1-ICF Junior
C1 Woman Junior (C1 WJr) – including Barton Cup and USACK K1-ICF Junior

JIGGING: ALL BOATS in every class MUST go immediately to jiggling station, and be measured, or face disqualification

As soon as possible after last boat in, possibly as early as 1:00pm.

Awards Presentations, Badger Park, including the Good Sportsmanship Award and the Paddler of the Year Award.

Medals will not be distributed before the awards ceremony. Medals will be mailed to those who leave early only upon receipt of mailing address details and payment to cover the cost of time and mailing: \$6 for one medal \$2.50 for each additional medal in the same package. Contact host with your mailing details.

* Special Age Recognition Awards for Marathon Events.

1. To be awarded to the first in the following:

- C2 Women, 24 and under teams
- C1 Woman, 24 and under
- C2 Mixed, 24 and under teams
- C2 Mixed Master, 50-59 and 60+ teams
- C2 Men, 24 and under teams
- C1 Man, 24 and under
- Award to first 70+ team or individual in any event without a grand veteran class.

h. Awards to first 80+ team or individual in any event without grand master veteran (octogenarian) class

- K1 Downriver Man and woman, 40-49, 50-59, 60-69
- K2 Men and Women, 40-49, 50-59, 60-69 team
- K1 ICF Man and Woman, 50-59, 60-69

2. To be awarded to the first three and partner in the following

- C2 Man/Youth & C2 Woman/Youth: 5-7, 8-10, 11-12, 13-14 (Age Groups)
- C2 Man/Junior & C2 Woman/Junior: award to first three junior women.